

## **I. Amendments to the Specification**

*Please note that the paragraph numbers appearing below in these instructions refer to paragraph numbers of the application publication (US2004/0052871A1).*

*- Please delete paragraph [0004]*

*- Please replace paragraph [0005] with the following amended paragraph:*

~~Figure 2~~ Figure 1 illustrates a unit dose design according to one embodiment.

*- Please delete paragraph [0006]*

*- Please replace paragraph [0007] with the following amended paragraph:*

~~Figures 4-6~~ Figures 2-4 illustrate one embodiment of the packaging system aspect of the invention.

*- Please replace paragraph [0017] with the following amended paragraph:*

Essiac Tea: a four-herb tea developed by an oncology nurse in 1922, this formula may be excellent for maintaining and healing the liver which is responsible for detoxifying the blood which may be important in fighting cancer. This formulation may contain burdock root (*Arcticum lappa*), slippery elm (*Ulmus fulva*), turkey rhubarb (*Rheum palmatum*), and sheep sorrel (*Rumex acetosella*). It may also itself serve to kill certain cancer cells. It may be prepared and used as set forth in ~~Figure~~ Table 3. It may be important to note that the term essiac tea may refer to the herbal liquid (see ~~Figure~~ Table 3) that may be used to make the prepared beverage upon dilution of the herbal liquid with warm water.

*- Please replace paragraph [0024] with the following amended paragraph:*

Products sold under the trademark Heritage Complete™ ~~Heritage™ Complete~~ or the like (such as provided by Heritage ~~Health~~ Health™ Products): A particularly good multiple vitamin and amino acid and mineral product. This may be selected to provide the body the basic building blocks of nutritional components to sustain health during the cancer fight and thereafter their ingredients (To the extent composite products such as this are referenced, all each incorporated by reference herein.), as publicly available.

*- Please replace paragraph [0025] with the following amended paragraph:*

Products sold under the trademark Dino Bites™ or the like (such as provided by Heritage ~~Health~~ Health™ Products): a montmorillonite mineral supplement used in concert with the above complete multiple vitamin product to ensure absorption of the vitamins and to provide more than sixty trace minerals.

*- Please replace paragraph [0029] with the following amended paragraph:*

Products sold under the trademark Heritage Osteoguard™ or the like (such as provided by Heritage ~~Health~~ Health™ Products): a ~~hydroxyappetite~~ hydroxyadpatite calcium and magnesium supplement that may ensure the patient has bone strength. Chemotherapy, without a calcium supplement, can remove the required calcium from the bones of the patient, ultimately causing weakness and a general sense of malaise.

*- Please replace paragraph [0030] with the following amended paragraph:*

Products sold under the trademark Heritage Platinum™ ~~Platinum:~~ (oligomeric ~~proanthocyanadins~~—oligomeric proanthocyanidins) or the like (such as provided by Heritage ~~Health~~ Health™ Products) may provide strengthened immune function, stimulates T-4 killer cell production as well as white blood cell production, which may be critical to attacking mutated cancer cells. This may serve as an overall nutritional supplement for the immune system.

*- Please replace paragraph [0031] with the following amended paragraph:*

Products sold under the trademark Heritage Gold™ or the like (such as provided by Heritage Health Health™ Products): a digestive enzyme product, which is critical in the breakdown of food. Often cancer patients are intolerant to retention of food; this may serve to break down the oils that the health enhancement system may comprise.

*- Please replace paragraph [0033] with the following amended paragraph:*

In one preferred embodiment of the health enhancement system, the dosage and/or timing of the ingredients may be considered important. One such system of dosages and timing is shown in ~~Figures 1A and 1B~~ Tables 1 and 2. Importantly, it should be understood that these dosages and/or timings of the listed ingredients are elements of a health enhancement system establishing a health enhancement program that, in ~~Figures 1A and 1B~~ Tables 1 and 2, is a preferred embodiment as currently understood. Other dosages and timings may prove to be appropriate and may produce satisfactory results and to the extent the ingredients are disclosed herein, all permutations and combinations – even of each elements' subelements – should be understood as encompassed by this disclosure. Specifically, elimination of one or more of the ingredients from the system presented in ~~Figures 1A and 1B~~ Tables 1 and 2, or alteration of the dosage and/or timing of the ingredients presented in ~~Figures 1A and 1B~~ Tables 1 and 2 is to be understood as encompassed by this disclosure. As data is collected (perhaps as part of the invention's data collection system), other preferred embodiments may be derived. These embodiments may include higher or lower dosages of each of the ingredients, separately or in total. It may be important to understand that a daily portion of any ingredient may be in two or more smaller portions (e.g., one of which is for ingestion in the morning and the other, in the evening).

*- Please replace paragraph [0036] with the following amended paragraph:*

As shown in ~~Figure 2~~ Figure 1 the invention may be presented to a user in a unit dose design. The appropriate dose of each ingredient may even be packaged for sequential use, such as once each morning and evening by the user. This design may increase the accuracy and timing of the dosing by the patient, and may increase the efficacy. Given the need to maintain a consistent level of each ingredient in the patient, one goal of this feature of the invention may be to make a complex administration system easier for the patient to take the proper dosage at the correct times.

*- Please add the following immediately following paragraph [0033] of the originally filed specification:*

Tables 1 and 2 list some of the possible systems of dosages and timings for some embodiments.

Table 1  
Products and Dosage

1. Flax Oil - 2 capsules (1,000 mg each) each morning and evening.
2. Heritage Omega-3 Oil 1 2 capsules (1,000 mg each) each morning and evening.
3. Shark Cartilage - 5 capsules (250 mg each) each morning and evening.
4. Heritage Dino Bites - (montmorillinite minerals) 1 tablet (300 mg) each morning and evening.
5. Vitamin C - 2 tablets (500 mg each) each morning and evening.
6. Beta Carotene (Vitamin A) - 1 capsule (25,000 IU) every two days.
7. Heritage Complete - 2 tablets each morning and evening. Each tablet consists of multivitamins and minerals:

Vitamin A	1,666 IU
Vitamin C	100 mg
Vitamin D	66 IU
Vitamin E	33 IU
Vitamin K	13 mcg
Thiamin	2.5 mg
Riboflavin	2.8 mg
Niacin	17 mg
Vitamin B6	3.3 mg
Folic Acid	67 mcg
Vitamin B12	10 mcg
Biotin	50 mcg

Pantothenic Acid	10 mg
Calcium proteinate	17 mg
Iodine	25 mcg
Magnesium	17 mg
Zinc	2.5mg
Selenium	12 mcg
Copper proteinate	0.33 mg
Manganese	1.7 mg
Chromium	34 mcg
Molybdenum	17 mcg
Potassium	17 mg
Garlic Cloves	83 mg
Choline	34 mg
Inositol	17 mg
PABA	17 mg
Boron	0.5 mg
Octosanol	0.5 mg
Silicon	0.17 mg
Vanadium	17 mcg

Blend: Chlorella, Korean Ginseng, Lemon bioflavonoids, Papain, Rose Hips, Rutin, Coenzyme Q 10.

8. Heritage Osteoguard - 1 tablet each morning and evening. Each tablet contains:
 

Vitamin D	10 IU
Hydroxyapatite and citrate	250 mg
Magnesium (as citrate)	100 mg
9. Heritage Platinum - 2 capsules each morning and evening. Each capsule contains:
 

Pine Bark Extract	10 mg
Grape Seed Extract	40 mg

 Blend of citrus bioflavonoids, Rutin, Quercetin
10. Heritage Cat's Claw 1 1 capsule ( 600 mg) each morning and evening
11. Heritage Gold - 1 capsule each morning and evening. Each capsule contains Pancreatin, Lactase, Lipase, Amylase, Catalase, Chymotrypsin, Trypsin, Cellulase, Zinc Gluconate.
12. Vitamin E - 1 softgel (400 IU) each morning and evening.
13. Essiac Tea - Drink 2 ounces of tea 3 times daily at least 20 minutes prior to eating.
14. Hydrazine Sulfate - 60 mg tablets.
  - A. One tablet daily for first three days.
  - B. Two tablets daily for days 4, 5, and 6.
  - C. Three tablets daily for the following 46 days.
  - D. No tablets for 7 days.

Table 2  
Products and Dosage

1. Flax Oil - 2 capsules (1,000 mg each) each morning and evening.

2. Heritage Omega-3 Oil - 2 capsules (1,000 mg each) each morning and evening.
3. Shark Cartilage - 10 capsules (250 mg each) each morning and evening.
4. Heritage Dino Bites - (montmorillinite minerals) 1 tablet (300 mg) each morning and evening.
5. Vitamin C - 2 tablets (500 mg each) each morning and evening.
6. Beta Carotene (Vitamin A) - 1 capsule (10,000 IU) every morning.
7. Heritage Complete - 3 tablets each morning and evening. Each tablet consists of multivitamins and minerals::

Vitamin A	1,666 IU
Vitamin C	100 mg
Vitamin D	66 IU
Vitamin E	33 IU
Vitamin K	13 mcg
Thiamin	2.5 mg
Riboflavin	2.8 mg
Niacin	17 mg
Vitamin B6	3.3 mg
Folic Acid	67 mcg
Vitamin B12	10 mcg
Biotin	50 mcg
Pantothenic Acid	10 mg
Calcium proteinate	17 mg
Iodine	25 mcg
Magnesium	17 mg
Zinc	2.5 mg
Selenium	12 mcg
Copper proteinate	0.33 mg
Manganese	1.7 mg
Chromium	34 mcg
Molybdenum	17 mcg
Potassium	17 mg
Garlic Cloves	83 mg
Choline	34 mg
Inositol	17 mg
PABA	17 mg
Boron	0.5 mg
Octosanol	0.5 mg
Silicon	0.17 mg
Vanadium	17 mcg

Blend: Chlorella, Korean Ginseng, Lemon bioflavonoids, Papain, Rose Hips, Rutin, Coenzyme Q 10.

8. Heritage Osteoguard - 1 tablet each morning and evening. Each tablet contains:
 

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9. Heritage Platinum - 2 capsules each morning and evening. Each capsule contains:
 

Pine Bark Extract	10 mg
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Blend of citrus bioflavonoids, Rutin, Quercetin	
10. Heritage Cat's Claw - 1 capsule ( 600 mg) each morning and evening
11. Heritage Gold - 1 capsule each morning and evening. Each capsule contains Pancreatin, Lactase, Lipase, Amylase, Catalase, Chymotrypsin, Trypsin, Cellulase, Zinc Gluconate.
12. Vitamin E - 1 softgel (400 IU) each morning and evening.
13. Essiac Tea - Drink 2 ounces of tea 3 times daily at least 20 minutes prior to eating.

*- Please add the following immediately following paragraph [0017] of the originally filed specification:*

Table 3 lists a preparation procedure and some use options for the essiac tea feature of the invention.

Table 3

### ESSIAC TEA

#### Preparation of the 4-Herb Formula

#### SUPPLIES NEEDED:

Stainless steel or enamel canning pot (size: 2 gallons or 8 liters) with lid. (Do not use aluminum.)

*Another large pot to pour hot liquid into while you strain it. This can be Pyrex or stainless steel.*

*Stainless steel mesh strainer and spoon and ladle (a large soup serving spoon)*

*16 ounce (1/8 liter) or 32 ounce (1/4 liter) amber glass bottles in which to store your finished product (they should be amber or a dark color, as the formula is light sensitive and will not stay as potent in clear glass bottles)*

#### Preparation Procedure

To make the one gallon recipe, use the four herb-package (approximately 1/2 cup).

Bring one gallon of water to a boil. Stir in herbs, replace lid and boil for 10 minutes.

Turn off stove, scrape down sides, mix well and allow pot to sit and remain closed for 12 hours. (This is the steeping and extraction process.)

After 12 or more hours, reheat to almost boiling (about 10 minutes). Let cool for 5 minutes and begin straining process. Strain as many times as you like. A little herb left in the liquid will not hurt it in any way. It is also satisfactory to allow the solids, etc. to settle to the bottom and then skim off the liquid with a soup ladle. Reheat your liquid once again (2

to 3 minutes only). This will kill any bacteria that may have landed in your liquid and help keep it from spoiling.

Using a funnel or a glass measuring cup, put your hot liquid into preheated bottles. You can heat the bottles in the oven at 200 degrees for 5 or 10 minutes. Do not put bottle caps in oven! Cap, let cool and then put in the refrigerator. This will be good for one month. Label the bottles the day you make the tea and also the day it expires.

### **Directions for Use**

Mix 2 ounces of herbal liquid with two ounces of warm water. Never heat this formula or the hot water in a microwave!

The formula should be taken on an empty stomach to allow for better absorbability. Always take before eating. Wait 15 to 20 minutes before eating.

This formula can be taken 1 to 3 times per day. The herbal formula is non-toxic in proper doses and has a pleasant taste similar to black tea. These herbs do stimulate the body to throw off toxins and, therefore, it is important that you drink plenty of clean water and have regular bowel movements.

For cancer and serious ailments the dosage is 3 times per day for as long as tests indicate the presence of cancer. Then 2 times per day for an additional year. For long term maintenance and gentle detoxification the dosage is 1 time per day.